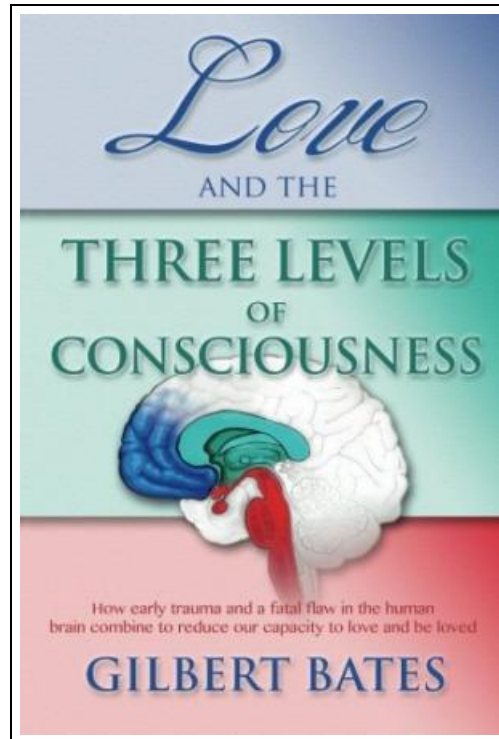


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Under the current mental health paradigm the cognitive brain is deemed to be the most powerful part of the human brain. Therefore most treatment plans for mental disorders focus on this part of the brain only. This book will explain how the brainstem sensations, acting through the power of love, is actually the most influential and intelligent part of the human brain. This knowledge turns a lot of what we think we know about the human condition on its head, and in the future should form the basis of a whole new paradigm in understanding and treatment. Throughout human evolution the brain can be thought of as evolving in three separate stages. The earliest and most ancient brain is our brainstem, which deals in sensation only. That means for a long time during our evolution we managed to live by sensing ourselves and our environment we lived in. In other words the internal communication process or language of the brainstem is through sensation only. Later our limbic system evolved and its language is feeling . The limbic system grew out of and sits on top of the brainstem (see front cover). The brainstem with its sensations and the limbic system feelings combine to form what we can think of as our social brain. Much more recently, in evolutionary terms, the cognitive brain evolved as part of the larger cortex, and is known as the prefrontal cortex. The cortex as a whole sits like a cover over the two earlier brains, and the language process of the prefrontal cortex involves thought and speech as we generally know it in its present form. In current scientific terms this overall structure is known...

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