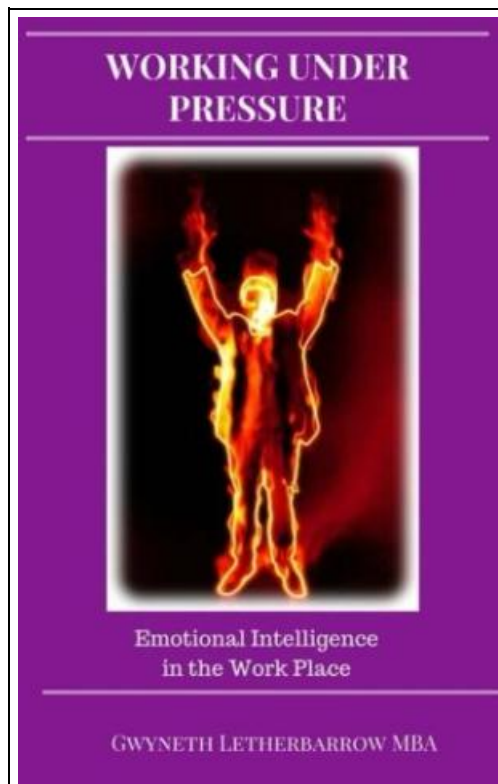


Working Under Pressure: Emotional Intelligence in the Work Place



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(Camille Greenholt)

WORKING UNDER PRESSURE: EMOTIONAL INTELLIGENCE IN THE WORK PLACE

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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Why do smart people fail? Why do technically brilliant individuals have trouble managing others and collaborating in a team? It is not because they lack intelligence or technical skills. Far from it. What they lack is a critical level of Emotional Intelligence (EI) and the ability to manage their own emotions and others when they are under pressure. Hierarchies are being challenged and the traditional one boss and many workers concept is changing. In the 21st century teams are asked to take on a variety of roles, and managers are expected to empower their colleagues on a daily basis. If we want to succeed, we have to be prepared to look at what we could be doing differently instead of hoping that others will change. Whether you are a manager of many, or simply want to increase your individual performance (or both), this book will help you to understand how you create pressure in the workplace that affects YOU, as well as how you can break your negative patterns, resulting in improved working relationships.



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