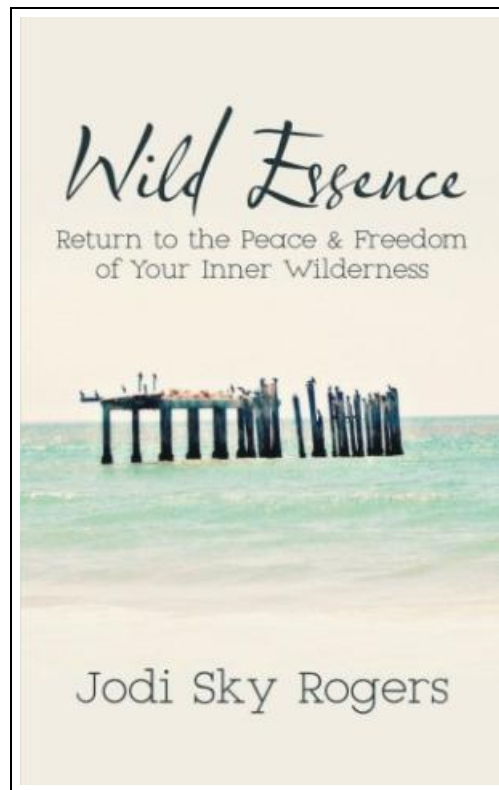


Wild Essence: Return to the Peace Freedom of Your Inner Wilderness (Paperback)



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Reviews

*Thorough information! Its this kind of very good read. It is written in basic words and not hard to understand. You won't feel monotony at anytime of your respective time (that's what catalogues are for regarding should you question me).
(Roel Bogisich Sr.)*

WILD ESSENCE: RETURN TO THE PEACE FREEDOM OF YOUR INNER WILDERNESS (PAPERBACK)

Balboa Press, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you long for a greater sense of personal freedom or inner peace? Do you ever feel trapped by internal blocks that make you feel disconnected from your true essence? Well, you are not alone. The barriers of conditioning and self-limiting beliefs are all forms of domestication that cage your true essence. In the end, you are left feeling dispirited, inhibited by life, embodying only a fraction of the magnificent, wild, and unique soul that you really are. The great news is that you are free to transform your life. You can choose a different path that is rich in spirit, mystery, and the beauty of your true self-- your wild essence. Wild Essence takes you on an adventure into the wilderness of your inner landscapes and explores empowering ways to: Reclaim the peace and freedom of your inner wilderness Release the fears and the barriers of domestication Discover the hidden treasures embedded in your wild essence Wild Essence offers practical exercises and each chapter includes positive affirmations/mantras and meditations to help you integrate the transformational experience of reconnecting with the magical expanses of your inner wilds.



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