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The Chinese Medicinal Herb Farm: A Cultivator's Guide to Small-Scale Organic Herb Production

By Schafer, Peg

Chelsea Green Publishing, 2011. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Booklist- "Comprehensive" best describes Schafer's specialized resource. She begins, appropriately, with a discussion of small-scale cultivation as a way to protect the environment and be part of the international trade in medicinal plants. The growth of herbal trade parallels the increase in the number of Americans exploring acupuncture and other elements of traditional Chinese medicine, so this guide will meet the rising do-it-yourself interest in growing medicinal herbs. Schafer's easily understood instructions are accompanied by boxed inserts of important tips, charts and tables, and photographs. Most of the book is dedicated to 79 detailed herb profiles with growing information and medicinal uses. Also provided are plant and medicinal name cross-references; hardiness-zone maps with a China-U.S. latitude overlay; resources for herb seeds and plants; recommended readings, listings of websites, and herbal and conservation organizations; and an all-important glossary of horticultural, medicinal, and Chinese terms. This genuinely unusual, authoritative manual will likely be in brisk demand.



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Reviews

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