



## Time To Stand Up (Paperback)

By Thanissara

North Atlantic Books, U.S., United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. Time to Stand Up retells the story of the historical Buddha, one of the greatest sacred activists of all time, as a practical human being whose teachings of freedom from suffering are more relevant than ever in this time of global peril. Evolving onward from the patriarchal template of spiritual warriors and their quests, former nun Thanissara explores awakening from within a feminine view where the archetypes of lover and nurturer are placed as central and essential for a sustainable world. Vital is an investigation into the pinnacle of Buddhist practice, the realization of the liberated heart. Thanissara questions the narrative of transcendence and invites us into the lived reality of our deepest heart as it guides our journey of healing, reclamation, and redemption. As the book unfolds, the author examines traditional Buddhism--often fraught with gender discrimination--and asks the important question, Can Buddhist schools, overly attached to hierarchal power structures, and often divorced from the radical and free inquiry exemplified by the Buddha, truly offer the ground for maturing awakening without undertaking a fundamental review of their own shadows? Chapter by chapter, the book relates...



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