



The Sous Vide Kitchen: Techniques, Ideas, and More Than 100 Recipes to Cook at Home (Hardback)

By Christina Wylie

Voyageur Press Inc, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. Meet the most revolutionary home cooking appliance since the slow cooker. The sous vide cooks any food to perfection with no chance of burning, get the most out of it with The Sous Vide Kitchen . If you own a sous vide machine, chances are you ve tried it out by cooking burgers, steak, and pork. But that s just the beginning. For years, restaurants have used sous vide to perfectly cook a wide variety of foods--now you can do the same. Join sous vide recipe developer Christina Wylie and take your skills to the next level: Use sous vide to make the perfect soft boiled eggs, then go further and learn how to use it to make scrambled eggs, overnight oatmeal, and other breakfast staples. For lunch, try topping your salad with perfectly cooked sous vide tuna or salmon (the secret is a short brine). For dinner, the options are endless. Choose from Asian dishes like Char Siu Pork Loin and Miso-Marinated Cod, reinvent a favorite with the Deconstructed Beef Wellington or Spicy Southern-Fried Chicken, or enjoy a surprisingly simple 48-Hour Beef Brisket. Finish...



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