



My Hidden Self: A Plastic Surgeon s Diary of a Stroke (Paperback)

By John C. McGregor

New Generation Publishing, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.After thirty-six years as a plastic surgeon, working finally as a Consultant in Edinburgh, John McGregor was a year into retirement when fate dealt him a cruel blow in the form of a stroke. His initial misgivings at being on the receiving end of the NHS gave way to a calm understanding of the long process towards recovery, and the hoops he would have to go through in order to walk freely, drive and enjoy playing golf again. In this memoir of a challenging year, he also acknowledges the immeasurable help he has had from physiotherapy, from friends on the mend like himself, and from his devoted wife, Moira, herself a former Staff Nurse. John C McGregor has appeared several times on TV programmes, as well as radio discussions, and has published numerous articles in medical magazines. This is his first publication in book form.

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