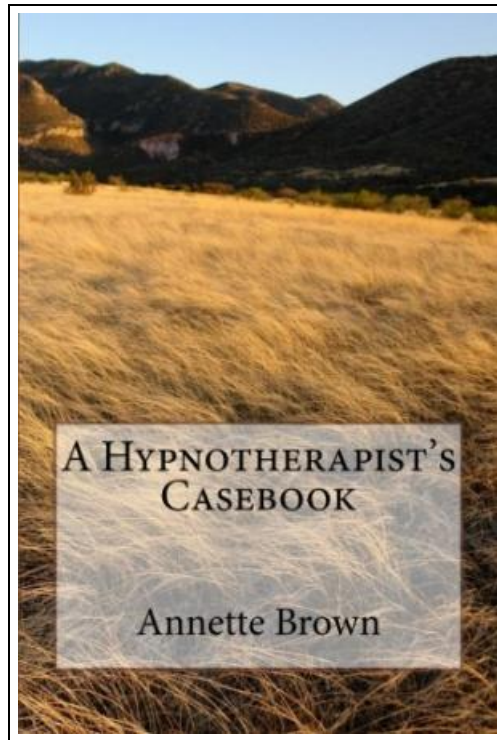


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A HYPNOTHERAPIST S CASEBOOK (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book is about the Training and practice of a Hypnotherapist. People know very little about Hypnotherapy and how effective it can be at resolving a variety of psychological and some physical problems. Each Hypnotherapist has different skills and interests and brings these into their work. Just a sample of ills that the therapy can address are now listed. Obesity and compulsive eating, Eating disorders, Phobias of all sorts, Smoking Cessation, Anxiety, Low Self-Esteem, Exogenous and Endogenous Depression, Male and Female Fertility, Insomnia, Nail Biting, Blushing, Psoriasis, Sexual Problems and dysfunction, IBS, Anaesthesia, Pain Control, Compulsive behaviour. The list is endless and with a good therapist people do extremely well. The Hypnotherapist will help you to enter a trance and then work with your sub-conscious to make changes in your behavior or receptors. This can be very effective relieving all manner of problems. This book starts with a review of the Training done to achieve the Hypnotherapy Diploma and be competent to practice. This introduction will lead to descriptions of actual cases and treatments with explanations of the outcomes to the therapy. Quite a lot of space is given to Past-Life Regression as this has been a keen interest and was one of my reasons for becoming a Hypnotherapist. This is a biopic of a PLR of a Female Client who came to see me with obesity due to eating anxiety. The Client is assisted into trance and using a script taken to an Archive where they are asked to take a book about themselves pertaining to a past life. H(Hypnotherapist) Look at the book and tell me what you see? C (Client) I see myself as a man and...



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