



What s Wrong with My Thyroid?: 12 Steps to Detox Your Thyroid and Lose Weight

By Frank Lanzisera, Dr Frank Lanzisera

Createspace, United States, 2013. Paperback. Book Condition: New. Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Thyroid problems may be affecting 1 in 5 Americans. 1 in 5! Discover the 12 steps to detoxify your thyroid and modify your metabolism to lose weight. Thyroid symptoms can make us feel tired, suffer with brain fog, and cause us to gain weight. This book is packed with useful and actionable information to help you regain and revitalize your health and your life. Did you know that your symptoms of fatigue, weight gain, sleepiness, etc. may not be caused by a faulty thyroid gland? The #1 thyroid disorder in the U.S. is an autoimmune condition called Hashimoto s thyroiditis. This disease, which affects 90 of thyroid cases, will have only a limited response to the traditional treatment of thyroid hormone replacement (THR). Yet, THR is commonly the only treatment provided. Functional medicine, a fusion of Western medicine, lab testing, and neuro-metabolic treatments, is providing the care necessary for patients to overcome the symptoms of thyroid disorders. Find out the latest information that has been helping our patients recover from their thyroid symptoms. This book could...



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